



## **ANNUAL REPORT 2016-17**

## Our Vision

To enable underserved people to improve health, livelihood and gender relations



### Our Cover Girl

Saleha, 17 years old, lives in Shivaji Nagar and fights for the right to education and health. She has been nominated for the KidsRights International Children's Peace Prize.

On January 1<sup>st</sup> 2017 Saleha won the SavitribaiPhule award, usually given to elderly women actively working towards social causes. Recalling her own story she says "It was a proud moment for me to see my father smiling while I received the award for social work."

But it has not been an easy journey. Saleha dropped out of school due to financial constraints and restrictions in her community. Her parents refused to send her to college because of the lack of safety measures for girls in the area. However, because of her perseverance, her mother supported her, and Apnalaya provided financial help.

Saleha is an inspiration to many girls in her community who are now taking brave strides to follow her example. She has been conducting sessions on various topics such as health, education, and sanitation to help girls and their parents. "I talk to girls about various health and sanitation problems. We also speak to children about child rights, child labour, and cleanliness in the neighbourhood. We are also convincing parents in my community to send their girls for higher education by sharing my life story so that they get motivated and learn from my journey so far."

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Apnalaya is a GuideStar India Platinum winner and was awarded the Certificate of Compliance by the  
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## *Message from the CEO*

*Since 2014-15, Apnalaya has been committed to a strategy that enables people to participate in their own development. We have put together a curriculum-based Citizenship programme that seeks to develop community volunteers who are aware of their rights and responsibilities and are driven to work collectively towards improving their everyday life. Needless to say, along with internalizing behavioral changes, the premium is equally on working together with the government to facilitate the change people want to see in their community.*



*What was somewhat an abstract idea in the previous year became an evidence-backed reality in 2016-17. This year saw the graduation of our first batch of 120 community volunteers who elected from them a 40-member strong core committee. The committee divided itself in four sub groups to take up what they termed as, four most pressing issues in the community. And with it, Apnalaya took its first baby-step towards assisting the community to drive a change process that is set in motion by the community itself.*

*We knew we could convince the government to join us at the negotiation table only if we backed ourselves up with rigorous research and data. To this end, in 2016-17 we began “Apnalaya Studies” series to bring out research-based facts to help government facilitate change at the ground level. In Series I, we published: Life on the Margin: Charting Realities, and Disability and Consanguineous Marriages, Shivaji Nagar. In sheer scope, Life on the Margin is of huge significance, as it provides vital information on the status of basic amenities and people’s endeavours to negotiate their everyday lives in Shivaji Nagar. Since our findings can be extrapolated to the entire “slum population” in M-East Ward of Mumbai, the study will hopefully enable us to undertake a much broader advocacy-informed change initiatives in the near future.*

*I would like to take this opportunity to thank all our partners for being with us in this difficult but necessary journey. That you share and support our efforts generously gives us strength and hope to spread the same among the most under-served people in Mumbai. The year saw us not only retain our entire major financial support base, but also expand it further. A special reference must be made to the corporate support, which doubled in comparison to the last year. With over 61% of resources coming from them, in terms of volume Trusts once again continued to be our biggest asset. SBI Life Insurance Company Ltd. and the Institute of Biomedical Engineering of Oxford University were a couple of distinguished additions to the list of our partners. Finally, I think, it is only befitting to dedicate this year to the youth of Shivaji Nagar who despite their daunting quotidian challenges, found time and emotional resources to come together as volunteers to improve the conditions they are forced to live in. I am clear in my mind the future belongs to them more than ever before.*

Arun Kumar

## Introduction

Apnalaya has worked for over 40 years at the grass root level in slum settlements in Mumbai. We have worked with all age groups on a very wide range of issues, and with a variety of different stakeholders. In addition, we continue to run a number of programmes in education, citizenship, livelihood, health and disability with marginalised communities in Shivaji Nagar in M-East Ward, Mumbai. The knowledge and experience that we have gained over the years gives credence to our work today.

To back this up we have developed a rigorous system of measurement, evaluation and documentation of our work. Much of this is reflected in this report, and in the publications, which we have embarked upon.

### *Three key highlights of 2016-17*

- Conceptualizing a robust community volunteer base to strengthen Community-Based Management
- Establishing and running a Community Resource and Advisory Centre to further Integrated Community Development
- Conceptualizing, conducting and publication of two action research reports

In order to address the issues that plague the area, Apnalaya has adopted a Community-Based Management approach. Members from the community are trained by Apnalaya to become informed citizens. They are equipped to engage with concerned civic and government stakeholders to address identified issues. During the year, we had:

- 120 adult volunteers trained, 40 mentors chosen, and four advocacy committees instituted
- Four advocacy issues identified – access to legal water connections, access to legal electricity connections, safe spaces for women, and solid waste management
- 50 peer leaders forming the Bal Panchayat, an advocacy group consisting of youth
- 200 families receiving legal electricity connections through community volunteer action

The Community Resource and Advisory Centre was established with a two-pronged approach: it is a one-stop centre that provides information pertaining to basic amenities, while also providing space for advocacy committees to hold meetings and strategize.

- 2,490 people utilized the space in the last year
- 599 cases were registered, 238 families assisted in obtaining LPG connection

### *Research*

A commitment towards evidence creation of the situation in Shivaji Nagar led Apnalaya to publish two research reports in the year. The publication and subsequent release of these reports, in the presence of Government dignitaries and partner organizations, further intensified the credibility of our work.



*Mr Thomas Chandy, CEO Save the Children, Dr Deepak Sawant, Public Health & Family Welfare Minister (Maharashtra) and Mr Kiran Dighavkar, Asst. Commissioner A-Ward MCGM releasing our Situational Analysis Report, 'Life on the Margin: Charting Realities'*

The first report entitled, *Life on the Margin: Charting Realities* was crucial in terms of laying bare the harsh realities of life within Shivaji Nagar as it provides a window into the lives of the 'unseen' and 'unheard' for the rest of the city. This report was undertaken to assess the challenges and needs of the community, availability of basic amenities, and the factors that put people at risk. The objective was to aid and inform the planning of future programmes and advocacy initiatives based on solid evidence.

Of the numerous findings in the report, we highlight three major findings that have provided us with a clear direction for our programmes.

1. 29% of children in the age group 6-14 years are out of school. 56.4% females have no education or less than five years of education. When combined with age at marriage for girls, the data does not depict a positive scenario. 38.3% females in Shivaji Nagar are married before they attain the legal age. Education and age at marriage are known to have an inverse relationship; however, this does not play out in the same way in this area. More than twelve years of education delays age at marriage by merely one and a half year, whereas nationally it is known to delay it by five years.

This finding directs the focus of our programmes towards adolescent girls and young women. With special emphasis on provision of life skills, sports for development activities, and fellowships, Apnalaya aims to inspire girls to continue their education and make informed decisions regarding career and marriage.

2. Only 13.7% of women in Shivaji Nagar are employed. Even male employment stands at only 54.6% i.e. every second male is unemployed. The average income of the families in the area is Rs.7,802, with half the residents subsisting on a meagre income of Rs.6,000 or less per month.
3. The third major finding pertains to basic amenities. Only about half the residents of Shivaji Nagar (58.8%) have ration cards. Lack of legal water connections compels over 80,000 families in the area to spend from their meagre incomes on daily procurement of water. Of these families, 88% spend up to Rs.50, or more, daily on water.

This year Apnalaya further strengthened its relationship with different government stakeholders. Notable among them were Integrated Child Development Scheme (ICDS), the Department of Social Justice and Special Assistance (SJSA), the Municipal Corporation of Greater Mumbai (MCGM), and Maharashtra Rajya Bal Hakk Samrakshan Ayog. We also made use of MLA Local Area Development Funds for issues related to solid waste management.



*This photo was taken by Yusuf Yasin Sheikh, adolescent leader from Rafi Nagar*

## Health and Disability

Apnalaya works in 31 slum clusters of M-East ward, situated in and around Shivaji Nagar where the the average Indian life expectancy is 39 years and the infant mortality rate is 66 per 1000. M-East Ward lies at the bottom in terms of the Human Development Index (HDI) of wards in Mumbai. Every second child is underweight and more than half of the children are stunted. There is just one government hospital serving a large slum area with a population of 6,00,000<sup>1</sup>.

With such glaring figures of inadequacies related to basic amenities, Apnalaya has been able to bring about improvement in many health parameters in 2016-17, which is a remarkable achievement.



### *Highlights*

- 90% of new-borns were in the normal weight category, up from 87% last year
- Stunting reduced year to 53% from 57% the previous year
- Underweight category of children decreased from 47% last year to 40%
- Infant deaths were six in 2016-17 as compared to 15 the previous year
- 72% (434) out of 600 children from 12-23 months of age covered for complete immunisation
- 30 children suffering from severe acute malnutrition helped to maintain normal weight for a period of six months
- Free bus passes for persons with 40% and above disability issued through the Shivaji Nagar bus depot

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<sup>1</sup>*Life on the Margin: Charting Realities, Apnalaya Studies, Series I*

- Introduction of volunteers' names in the database of first responders at the Disaster Management Authority, which helped in regular engagement on key priorities
- A paper presented by Apnalaya on 'Disability and Marginalization in Shivaji Nagar: A Quick Glance at Health and Disability Budgets of MCGM and Maharashtra' during an International Conference on Disability held at the Tata Institute of Social Sciences
- A research study report on Disability and Consanguineous Marriages, Shivaji Nagar released in March 2017 as part of Apnalaya Studies, Series I
- We collaborated with the Institute of Bio-Medical Engineering, University of Oxford, to conduct a new study on early detection of childhood pneumonia

### *Building the capacity of community volunteers to handle community health issues*

The health programme reached 2,80,000 direct and indirect beneficiaries in Shivaji Nagar, of whom 11,266 beneficiaries (7,569 children, 2,174 pregnant women and 1,523 lactating mothers) were directly supported through programmes which enabled volunteers, strengthened advocacy and helped in building resilient communities. 617 pregnant women and lactating mothers reached through sessions on healthy eating and nutrition as a vital part of ante-natal and post-natal care.



*Spreading awareness on Child and Mother Health Care in the community*

The Anaemia programme was intensified this year with two pediatricians coming for regular checkup and screening of more than 2,000 adolescents. The number of women undergoing family planning was up 2% to 30% this year. At almost half the national figure, it is similar to the figure of 29% given by SNEHA based on randomized control trials done in 20 clusters of M-East and L Wards.

Apnalaya's continuous engagement with health posts and hospitals contributed to improving the MNCHN (Maternal, New-born and Child Health and Nutrition) related

indicators, such as institutional delivery, registration of pregnancy, ANC (Ante Natal Care) and PNC (Post Natal Care), and immunization in Shivaji Nagar.

Indicators	2016-17	2015-16	2014-15
Pregnant women completing 3 ANC checks	93%	81%	74%
Pregnant women with haemoglobin less than 11g/dl	76%	81%	96%
Institutional deliveries	96%	93%	91%
Newborns with normal weight	90%	87%	87%
Low birth weight newborns	7%	11%	10%
Very low birth weight newborns	2%	2%	3%
Exclusive breastfeeding in first 6 months	85%	68%	71%
Children 11-23 months completing immunisation	72%	66%	29%
Children covered for growth monitoring 0-6 years	3,526	3,560	3,100
Infant deaths	6	15	30
Under 5 deaths	18	22	38
Adolescents taken through SRH & nutrition	3,549	3,560	611
Women reached through mMitra mobile technology	4,112	5,145	3,200
People screened in clinics	2,544	1,165	985
Eligible couples practising modern family planning	2,781	2,472	1,918

The figures in this table are encouraging. The proportion of mothers delivering in institutions has increased, babies have a better birth weight, more mothers are breastfeeding for the first 6 months, and infant deaths are down. Then why is it that so many children become stunted, wasted and underweight later on in spite of regular visits from health professionals?

Children (0-6 years)	2016-17	2015-16	2014-15
Underweight	40%	47%	44%
Stunted	53%	57%	58%
Wasted	14%	16%	14%
Severely underweight	10%	14%	13%
With severe chronic malnutrition	21%	30%	29%
With severe acute malnutrition	3%	4%	2%

The figures in this table are sobering even though they show that there has been improvement in some parameters over 3 years. That nearly half the children growing up in Shivaji Nagar are underweight and more than half are stunted is shocking, and points to the underlying problem of poverty. Our work is not helped by the high migration in these communities. This year 1,123 families with our programme, migrated, which is six times more than the previous year.



*Immunization at Apnalaya centre*

### ***Why does haemoglobin level matter?***

*According to the classification of the World Health Organization, pregnant women with haemoglobin levels less than 11.0 g/dl in the first and third trimesters and less than 10.5 g/dl in the second trimester are considered anaemic. Anaemia in pregnant women is detrimental to foetal growth and pregnancy outcomes. Low birth weight and preterm delivery have been persistently linked to anaemia in pregnancy.*

### ***Linkages with government stakeholders***

A standout achievement in 2016-17 has been working with ICDS and MCGM to improve access to health services, seen most clearly in the increase in the number of institutional deliveries in both government and private facilities. We successfully prioritized growing our access and influence within the Integrated Child Development Scheme (ICDS), the Department of Social Justice and Special Assistance (SJSA), and the Municipal Corporation of Greater Mumbai (MCGM), and the Public Health Department, Government of Maharashtra, and did advocacy on increasing the number of Aanganwadis in the area, child protection schemes, and a new Maternity Home. We worked in association with five government schools, 23 Aanganwadi centres and five government health posts across 31 clusters in M-East Ward, and reached out to 13,000 people, including 7,600 children. 41 Aanganwadi staff and 21 MCGM staff have been taken through sessions on maternal and child nutrition, IYCF and communication. Increased inclusion of husbands, fathers and grandfathers and government decision makers in the maternal and child care programme is planned for the coming year.

Apnalaya collaborated with the University of Oxford and the Lokmanya Tilak General Hospital to conduct a new study on the impact of automating the diagnosis of pneumonia. The University of Oxford's Biomedical Department has designed a set of algorithms that could be hosted on a mobile phone to automate the diagnosis of childhood pneumonia. The main aim of this study was to investigate the possibility of affordable and easy to operate digital technology that could be used to strengthen the health system's ability to deal with childhood pneumonia.

## *Working with persons with Disability*

Apnalaya is one of very few organizations running a community-based disability programme. The focus in 2016-17 was on raising awareness about disability, strengthening referrals, and assisting people with disability in getting the necessary documents to avail the various benefits offered under Government schemes. Apnalaya provided medical assistance to support surgeries, therapies, and medicines on a needs basis, and sponsored the education of 98 students with disability.

There has been an increase in the number of individuals registered in the disability programme with 19 new cases enrolled in the Day Care Centre, and 10 referred for admission in special schools. 11 of 19 cases have improved in psychomotor and social skills.



Apnalaya's DayCare facility, handled by a trained attendant to take care of children with disability, prepares the children for admission in special schools, facilitated by the field team. Children who attend school

were supported with material and financial assistance.

Apnalaya also trained community health workers to scale up health promotion in the community, targeting mothers of children under five with nutritional messages and early identification of disability.

Month	Participant profile	Number of participants
Apr-16	Adolescents (mixed group including disabled adolescents)	15 (8 PWD)
Apr-16	Volunteers	27
Jun-16	Adolescents	19 (8 PWD)
Jun-16	Volunteers	27
Jul-16	Adolescents	21 (12 PWD)
Oct-16	Adolescents	18 (7 PWD)
Jan-17	Adolescents	14 (11 PWD)
Feb-17	Adolescents	9 (4 PWD)
Mar-17	Adolescents	13 (5 PWD)

Special dance classes were held in the Apnalaya Day Care centre for children with hearing impairment; they then went on to perform at the Annual Dance Event of Victory Arts Foundation. The objective of the event was to use the power of performing arts, especially dance, to bring joy to the underprivileged, especially those who are challenged.

During the year a training module focusing on defining disability and impairment, types of disabilities, and the causes and prevention of disability was compiled. It also sensitizes the participants on what it feels like to be disabled, how to empathize with the disabled in the backdrop of the social setting and behavior encountered, and gives information on the documents, services and referrals for disabled.

Training was initiated with adolescents (including adolescents with disability) and the volunteers involved in disability (details in the table).

*17-year-old Mohammed Umar Raees lives with his family in Lotus Colony, Shivaji Nagar. Umar is the third of four siblings living in a joint family with very limited earnings. His father runs a small family salon just below the room where they stay.*

*His mother, Saira, noticed a white dot in his right eye when he was an infant, and after a few days, his right eye started looking smaller than the left eye. Eventually he could not open his right eye, as there was a growth over the eye. They were not able to improve the eye problem, so when he was admitted in the BMC School he was teased by the children at school and in the community as the 'half eyed boy'.*

*At the age of 5 years, his eye was operated on at KEM hospital, but his condition did not improve.*

*One of the Apnalaya staff noticed his condition while he was going to school and contacted his mother. The Apnalaya team took Umar to the Brahma Kumari hospital at Andheri. Detailed investigations were done, and he was operated on successfully. After this Umar was able to open his eye and see through both eyes. Apnalaya supported the expense of all investigations.*

*Umar has transformed from a low self-esteem boy to a confident boy who likes to study and play cricket.*

## *Building safer and resilient communities through Disaster Risk Reduction programme*

*Being from an economically weak family, 17-year-old **Indra Singh**, who lives in Nirankari Nagar, had a very tough childhood. He had many disputes in his family and was not doing well in his studies. With low motivation in life, he got into substance abuse.*

*This is when the Apnalaya team met him; and through regular and continuous dialogue, built his aspiration and inspired him to work as an adult volunteer with Apnalaya. Indra Singh responded exceptionally well and excelled in his assignments.*

*Today he has far greater clarity about his expectations and his future than ever before. He takes sessions on sexual and reproductive health with his peers, gives advice to others on addiction, and is a popular mentor for children with drugs-related issues. For his extraordinary work in bringing change in the community, Indra Singh was selected for the Ashoka Youth Venture Program. He interacted with the Youth Venture Panel in the event held in Bangalore where he presented his project 'Udaan' on building community resilience.*

Like Indra Singh, 1,535 volunteers have engaged in various volunteering activities during 2016-17. There was good participation of children, adults in community based activities, and awareness programmes on Disaster Risk Reduction. 20 Teachers and 88 School Management Committee (SMC) members were familiarised with DRR, and School Risk Assessment mapping was done in five schools.

On International Disaster Day, 13 October 2016, the community disaster response task force and field officers conducted a street play, "Live to Tell - Awareness on preparedness during disaster in Shivaji Nagar" in five clusters - Nirankari Nagar, Sanjay Nagar, Adarsh Nagar, Kamala Raman Nagar, and Chikhalwadi area.

When disaster struck, the volunteers were ready:

- There was active participation by adolescents during the fire on the Deonar dumping ground in January and February 2016
- Timely response was shown during and after the demolition of settlements in Indira Nagar and Adarsh Nagar, with the help of community group members and volunteers. They helped to move the community to safe places, provided food and drinking water, and interacted with the MCGM Assistant Commissioner.

Regular follow up with the authorities helped in building a rapport with the government officials, and led to the volunteers' names being entered in the database of first responders at the civic authority centre. Apnalaya's Disaster Risk Reduction task force is now the one point of contact between the community and government.

School risk profiles of five intervention schools were developed, including risks and resources, with the help of 121 members of the school task force. Their knowledge of the processes involved for search and rescue, early warning, first aid, shelter management and psychosocial support for the schools was strengthened, demonstrating the dedication of the volunteers in responding to events in the community.

### *How these have fed into the ICD approach*

A consultation on child centred disaster risk reduction strategy took place in December 2016 with different departments of the MCGM. Representatives from Disaster Management, Health, and Education and from the communities were able to build linkages and to chalk out community level intervention for any disaster. It helped in linking all the community-based functional structures (children's groups, child protection committees, and mothers' groups) with the relevant departments.



*At Ashoka Youth Venture Program in Bangalore*

## Livelihood



How to break the intergenerational cycle of poverty and deprivation is a major challenge for Apnalaya. Since many studies have shown that children benefit directly if their mothers are able to earn, attention has been focused on helping women in our communities, who traditionally are kept in the home, to earn at least a supplementary income. Progress in scaling up this programme has been hampered by the lack of suitably trained staff. Efforts to collaborate with other organisations working in this area have been increased during the year.

The challenge of getting young people - school leavers or dropouts - into productive employment is another big challenge. A research project is being carried out jointly with the Tata Institute of Social Sciences to deepen our understanding of youth aspirations in Shivaji Nagar. 266 youth have been interviewed, and their experiences, beliefs, and knowledge are being documented. An understanding of their aspirations and perceptions towards education and employability will enable us to design programmes most likely to meet the needs of these disadvantaged young people.

In 2016-17, we reached out to 828 beneficiaries through various programme components, of whom 594 are active under various programmes, and 322 are earning a livelihood. The active beneficiaries include women and men above 18 years from Apnalaya programmes such as self-help groups, employability and swawalamban as well as children attending the crèches.

### *Highlights*

- 549 individuals have undergone skill based training, of which 322 are currently earning
- Apnalaya Livelihood programme provided guidance to 238 individuals (196 females and 42 males) on livelihood options and various skilling programmes

- Apnalaya crèches operated with 56 children and provided livelihood to 43 mothers with an average income of Rs.5,480
- 3 Self Help Group members (SHG) - Raj guru, Savitribai Phule and Ashish - have received loans of Rs.50,000 each
- We worked with Maharashtra Rajya Mahila Ayog, Maharashtra Rajya Bal Hakk Samrakshan Ayog and UNICEF, Maharashtra to develop regulatory guidelines on Crèche and Day Care Services in Maharashtra

### ***Apnalaya Crèches***

The aim of the Apnalaya crèches is to give women the opportunity to go out and work and become financially self-reliant by providing day care in a safe environment for their small children.

*“After attending Apnalaya Sahara Gat meetings and other activities my life took a turn for the better. I began to understand many things about myself and my confidence increased.”*

*Ayesha Khan is 35 years old. She was born and brought up at Jalgaon, Maharashtra, and she is a class 7 drop out. She moved to Govandi when she was 17 to help her brother and his family. Apart from helping at home she also worked at a garment factory. She was married at 21, but her husband left her during her second month of pregnancy. Relatives tried to force her to have an abortion but she refused, and delivered a baby girl, “Nikat”.*

*Life was tough for Ayesha. As there was no-one to take care of her daughter while she worked she used to take her to the garment factory with her; but later the owner of the factory did not permit her to do so. On hearing about the Apnalaya crèche, she decided to put her six month old daughter in the crèche so that she could go for work without having to worry. For Ayesha Apnalaya is like her family as the staff take very good care of her child, including providing for nutrition and immunisation.*

The mothers appreciate the health check-ups their children receive in the crèches twice a year. Children falling under severely malnourished/moderately malnourished are provided with supplements, and are tracked on a monthly basis for improvement. One major impact of the crèches is on the fathers. For the holistic development of a child, both parents need to be involved. Parenting sessions conducted by Apnalaya sought to involve both parents thereby increasing the involvement of fathers. As a result, both parents have started coming to drop their child at the crèche and attending monthly meetings.

In general we have seen a change in the decision making power of these women. They have become more confident and self-reliant, much like Ayesha who now works as a support staff with Apnalaya. The Apnalaya-run crèches operating in Rafi Nagar and Shanti Nagar with 56 children have enabled 43 mothers to go out and seek livelihood opportunities. Their average income is Rs.5,480, some of which helps to pay the school fees of their older children enabling them to continue their education. There has been no dropout from school of older siblings in 2016-17.

### *Women volunteers running Home-based crèches*

The home based crèche programme was started in 2015 to engage women like Shamim Bano in a livelihood programme. From 9 crèche the previous year, the number increased to 11 with a capacity of 52 children in 2016-17. Total 22 women were trained to start a home based crèche, and take up small businesses, like selling fashion accessories, setting up general stores, embroidery work, selling hosiery garments or vegetables. The training builds the capacity of the women running the home based crèches so they often emerge as community volunteers for livelihood; during the year they collectively referred 218 individuals to the Apnalaya programme.

### *Job Referrals through Skill Based Training*

Nearly 600 people enrolled for skill-based training in various vocations like housekeeping, patient care, back office, and retail marketing, and 322 people received job offers at various government and corporate sector undertakings mainly in housekeeping (127), patient care (958), Bpo (4) and retail (16).

Apnalaya livelihood volunteers organised a mobilisation campaign on job opportunities and skill training programmes. 250 participants were given financial literacy training, and 52 Business Basics, which includes managing money smartly and saving for the future. This training encouraged women to start Self Help Groups (SHGs). Once an SHG is formed, financial contributions are collected from the members and deposited in their SHG bank account. Loans can then be given to members in need. 21 SHGs with 255 members were functioning in 2016-17 as compared to 17 the previous year.

*“My husband is a daily wager and earns Rs.5,000 per month. I was searching for work but due to lack of any skill, I was unable to find a suitable job.*

*Apnalaya trained me to run a Home based crèche. I started the crèche with five small children and one special child. Now I am helping my family financially. My son has completed his studies and started working. My family income is enough to meet our basic needs and we live a decent life. “*

**Shamim Bano, Lotus Colony**

The opportunities through skill based training have transformed the lives of many women in Shivaji Nagar, where the average size of a family is over five and the average monthly income only Rs.7,800.

### *Career Readiness Programme – anew addition to Livelihood*

Young people in the age group of 17-25 are seldom sure about their choice of career. They either agree with the decisions taken by their parents or get influenced by their friends and relatives. In our research, we found that more than 45% of males and 86% of females are unemployed. In order to prepare them for livelihood opportunities, Apnalaya works on a career readiness programme that is run in partnership with Antarang.

*Disaster struck for Amina when her husband died suddenly, as he was the only breadwinner and she had no resources to fall back on. Struggling to take care of the daily expenses including her son's education, she was shattered both mentally and physically.*

*She came to Apnalaya for help, and the staff told her about job opportunities that she could take up having studied only up to the V standard. She seemed suited for a job in housekeeping, so she was enrolled in 6-day training and then got a job as a housekeeper at the Asian Heart Hospital in Bandra. Now she is earning a monthly salary of Rs.8,000, which is sufficient to meet her household expenses, house rent, and her son's school fees. He is currently in the eighth Standard in a private school in Shivaji Nagar. Today she feels happy and content because she is independent and has a secured livelihood.*



## Education & Citizenship



### *Highlights*

- 136 adult volunteers were trained, and four advocacy committees (working on access to legal water, electricity, safe spaces and SWM) have initiated action in collaboration with the public
- 238 families were helped to get LPG connections, without having to give bribes to touts, through CRAC facilitation, which involved applying for the connection, submitting documents, visiting the LPG centre, and regular follow up with the authorities
- 200 families in Rafi Nagar received legal electricity meters, facilitated by the advocacy committee on Legal electricity connections
- 300 families from 3 out of 12 clusters applied for legal water connections helped by the advocacy committee on water
- The Bal Panchayat group from Indira Nagar managed to get one public toilet constructed in Indira Nagar through the MLA Local Area Development Fund, and also ensured that the area is cleaned on a regular basis by the BMC janitor
- 110 girls (100 athletes and 10 mentors) have been part of KhulaAasmaan programme this year, out of whom 4 mentors and 13 athletes have negotiated going back into formal education
- 316 adolescents and youth underwent a curriculum based journey including Life Skills, Gender Concepts, Sexual and Reproductive Health Rights (SRHR) and Nutrition, up from 280 in 2015-16
- 16 cases of violence against women were referred for Family Counselling and 8 cases were resolved

Covering 15 clusters and beyond in Shivaji Nagar, the programme has engaged directly with adolescents and youth, adults and families through a range of programmes aimed at fostering community initiatives and volunteering.

Apnalaya has moved away from direct involvement in Education. Instead, it encourages young people living in Shivaji Nagar to stay in formal education up to standard X and beyond. Since 2015, this is being done through the Fellowship programme. All students who need financial help to stay in school beyond grade VII are signed up for the Fellowship programme. The programme aims to build young people's capacities to emerge as well informed and aware individuals, equipped to engage with civic issues and competent to negotiate with government institutions.

The Community Resource and Advisory Centre has really taken off this year. A community hub for information and action, CRAC acts as a primary resource desk for reporting and resolving various issues experienced by community members for which they need help. The Centre was inaugurated on 1<sup>st</sup> October 2016 by MunnaApa and little Shaheen. MunnaApa has worked with Apnalaya for close to three decades. CRAC has received 2,490 footfalls in 2016-17 (1,418 females and 992 males). Out of 599 cases taken up through CRAC, the issues of 357 people related to PAN card, birth registration, legal electricity connection, educational enquiry, domestic violence, etc. were resolved or referred to the respective verticals/public offices.

The centre also houses the Counselling Centre, where trained staff and volunteers offer guidance on a number of issues including domestic violence. Regular counselling builds confidence and empowers women, some of whom become part of the volunteer groups which help in resolving similar issues for other people

### ***Advocacy Committees and Civic Engagement with Public Authorities***

As compared to 2015-16, this year has seen civic engagement begin in earnest, with youth groups and advocacy committees undertaking community projects as listed above. One advocacy committee formed by the active adult volunteers did rigorous advocacy on solid waste management with the civic bodies and MLA due to which LADF funds were used to construct one public toilet in Indira Nagar.

One of the major challenges in Shivaji Nagar is inconsistency in availability of potable drinking water due to which 68% of families spend Rs.10-29 on water per day.<sup>2</sup> During 2016-17, Apnalaya has put continuous effort into advocacy for the accessibility of improved drinking water. Nine members of the advocacy committee went on an exposure visit to the water department of M East Ward, which led to a better understanding of the policies and procedures for legal water connections in slum areas. After undergoing proper training and orientation, the advocacy committee do regular follow up with the BMC.

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<sup>2</sup>*Life on the Margin*, p.n.63

### Swachh Bharat in action in Shivaji Nagar

*When the Kranti toilet - one of only two community toilets for a population of 5,991 - was rendered defunct as nobody could cross, the garbage heaped on the way to the toilet, Bal Panchayat members Nasreen and Shabaan from Indira Nagar sprang into action. First, they wrote letters to the SWM Department requesting them for a BMC Janitor who is supposed to clean that area every day. After getting the area cleaned, they also got a street lamp installed right outside the toilet. Nasreen and Shabaan's actions have inspired many others from the Bal Panchayat to file complaints in the SWM Department of M-East Ward for either construction or repair of public toilets.*

*"For over a year I used the community toilet without any electricity and doors, and was always dependent on someone else to take me to the toilet. Due to such danger I used to defecate at the dumping ground which was full of druggies as well but we had no option"*  
– Kulsum

*In Padma Nagar for a population of 2,235 (Apnalaya data) there is only one Municipal community toilet with 10 seats for male and 10 for female. Moreover, where they do exist most women fear to use the public toilets because the surrounding areas are extremely unsafe.*

Sustained advocacy with Reliance Energy officials at their office, follow up with the local area officer, and coordination with the advocacy committee and volunteers in Rafi Nagar resulted in 200 families securing legal electricity meters.



*Meeting with Reliance Energy officials about providing metered electricity connection*

## ***Youth Initiating Civic Engagement***

661 adolescents and youth aged 13 to 21 years have enrolled in the Fellowship programme this year. 3 youth groups from various volunteer programmes initiated action projects and worked rigorously in advocacy of various issues like sanitation, water, solid waste management, electricity etc.

### **o KhulaAasmaan**

KhulaAasmaan was started by Apnalaya three years ago. It is a sports intervention where the girls link up with several other girls of their age, form a bond, learn life skills and employability and collectively push for greater space and freedom. A total of 225 Life Skills, Gender, and SRH sessions and 280 kabaddi sessions on the ground have been taken with athletes of KhulaAasmaan in 2016-17.

*Ruby faced many challenges during her early days as one of the 19 mentors in the Apnalaya KhulaAasmaan program. Girls are not easily permitted to step out of their homes in her community, even more so to go to a playground; so mobilizing girls to come out of their homes to play Kabaddi was extremely difficult.*

*One of the objectives of the program is to keep girls in school or to encourage them to go back into school if they have dropped out. Convincing parents of the importance of education for their daughters was even more challenging for Ruby as all of them were deeply influenced by traditional patriarchal values.*

*The journey has not been easy for Ruby but she has stuck at it. This year she has been mentoring nine girls from the Rafi Nagar area, and taking kabaddi and life skills sessions with them. 94 adolescent girls mentored by 10 young women went through Kabaddi based curriculum emphasising life skills and gender parity in 2016-17.*

In a community where 38% girls get married before the age of 18, only three out of our 176 including Parivartan and KhulaAasman athletes got married before the legal age in 2016-17. Of these athletes in the programme, 19 were school dropouts initially. However 10 resumed education after getting motivated through the life skills sessions. Four mentors and 13 athletes from KhulaAasman have negotiated going back into formal education.

### **o Fellowship Programme**

Started two years ago with 271 youth from Apnalaya's sponsorship programme enrolled alongside 130 youth from other Apnalaya programmes, the aim of Apnalaya's youth fellowship programme is to expand educational sponsorship to include citizenship education for young people and teachers of Shivaji Nagar. In addition to financial support the youth fellows go through a range of training modules including Gender Training, Life-

Skills, Gender Parity, Sexual and Reproductive Health and Rights, Indian Constitution, Right to Information, and Digital Communication so that they become responsible citizens who can interface with the community and government stakeholders constructively. This year the participants were taken on a Rural Exposure Camp to Gujarat.

#### ○ **Pukar Fellowship**

Five young boys from our intervention area successfully completed a Research Fellowship programme with Pukar, a Mumbai-based not-for-profit. In 2016-17 the group, now called 'Aashayein', chose to conduct an in-depth research project on water scarcity in Shanti Nagar, a slum cluster in Shivaji Nagar, and its impact on the health, livelihood and education of the residents. They conducted several interviews with BMC officials, local representatives – MLA and corporator, NGOs, and the local community. Their survey findings were presented to a larger audience in the form of a published research report along with information material that they developed on the issue. They conducted five presentation meetings in the Shivaji Nagar community, highlighting (a) the linkage between unavailability of potable water and the vicious circle of intergenerational poverty; (b) how their research can help in solving the issue; and (c) the need for such research.



*A Petition is being written*

#### ○ **Bal Panchayat Intervention**

In 2015, a batch of 250 adolescents from several clusters of Shivaji Nagar went through the life skills, gender, and nutrition trainings over a span of one year. After completion, 50 peer leaders from the 250 were selected to form a Bal Panchayat, comprised of adolescents from all clusters. Out of these 50 only 33 successfully completed the sessions on advocacy, after which smaller groups were formed based on clusters. One of the groups from Indira Nagar decided to take up the issue of the defunct public toilet in their community.

Class XI - another highly motivated group that emerged from the Youth Fellowship programme is the Star Group (Class XI Youth Fellowship Group) comprising of 24 young people. After completing the Youth Fellowship module this group went on a Rural Exposure camp to Panchod Village in Aurangabad District. The four days visit was power packed with sessions of inspiring insights. They a chance to interact with local villagers, various men and women who were Bal Sevaks many years back. Sessions with Zila Parishad and Panchayat Samiti officials turned out to be very fruitful, and the sessions instilled a questioning spirit in the group.

On their return, they chose to mentor another adolescent group from Apnalaya on how to form and run an effective Children's Council (Bal Panchayat). Despite their packed routines with family and school or college, they were very enthusiastic about taking up civic action issues that were important to their communities. Many from the group have opened up with each other, and some have shown tremendous growth in their confidence levels in approaching government authorities.



*This logo is designed by Shubham Lorik, 17 years*

## Measurement and Evaluation

### Highlights

- Contributed to research, data analysis, publication and release of two reports by Apnalaya:
  - *Life on the Margin: Charting Realities*: 19<sup>th</sup> January 2017
  - *Disability and Consanguineous Marriages, Shivaji Nagar*: 8<sup>th</sup> March 2017
- Apnalaya's Information Management System (AIMS) developed for real time data collection was successfully set up
- Apnalaya ID was allocated to all the programme participants to study the interplay of different domains and the effects of Integrated Community Development



*Hand set distribution and data entry training to Home based crèche owners*

### Research and Publication

Conducted in 12 clusters of Shivaji Nagar in 2015, the Situation Analysis survey was designed and executed by Apnalaya. It comprised of several carefully selected parameters pertaining to the demographic, socio-economic, educational and health situation of the region.

The survey was undertaken to evaluate availability of basic amenities, food insecurity, and societal malpractices like domestic violence and child abuse, and to aid in the planning of future programmes and initiatives. An effort aimed at integrated and sustainable community development needs right and relevant information, just as any claim requires the support of evidence.

Shivaji Nagar, inhabited by approximately 6,00,000 people is 11.5% of the total population of slums in Mumbai, of which our study population is 5.5%. The total number of individuals included in the survey was 32,881 from 6,627 families, comprising of males, females and Trans genders. Apnalaya released *Life on the Margin: Charting Realities*, Apnalaya's

Situational Analysis Report on 19<sup>th</sup> January 2017. It is hoped that the report will reaffirm the urgent need for an Integrated Community Development approach to be adopted, and will be used to assist in planning a partnership between Apnalaya and other NGOs and the government/municipal authorities.

Apnalaya decided to delve deeper into the relationships between gender, disability, social structure and cultural constructs and released a report “Disability and Consanguineous Marriages” on 8<sup>th</sup> March 2017, documenting cases from Shivaji Nagar, Govandi. The report highlighted the structural barriers with regard to the space available to women. It examined how women with Disability chose marital partners and faced multiple discriminations due to gendered perceptions of a woman’s body, social roles and “marriage-ability”. The report also highlighted the exclusive treatment of Persons with Disability, especially in the form of inaccurate enumeration.

Both these reports helped us illustrate evidence-backed programming, a pivot on which advocacies are built.

### ***Digitisation of Data Tracking***

AIMS (Apnalaya’s Information Management System) was designed to capture and analyse programme-generated data, which is documented in fixed and standardized formats. Each programme has formats designed to capture all the necessary information generated to showcase programme results. A Unique Identification Number (UID), called Apnalaya ID, has been assigned for each individual and family associated with Apnalaya programmes for effective tracking. Till date 8,277 families have been given unique Apnalaya IDs. Through this ID, they are tracked easily whenever they approach any of the programmes.

The entire data collection system in Apnalaya is digital now. The use of mobile phones allows data collection in real time. The concerned staff easily adapted to this new method.

#### **Apnalaya’s Video Gallery published in YouTube**

<i>Life Expectancy</i>	<a href="http://bit.ly/2xMrYoD"><u>http://bit.ly/2xMrYoD</u></a>
<i>Rhythm of Life in the Slums of Mumbai</i>	<a href="http://bit.ly/2xNweV0"><u>http://bit.ly/2xNweV0</u></a>
<i>Immunization- Apnalaya</i>	<a href="http://bit.ly/2innJtk"><u>http://bit.ly/2innJtk</u></a>
<i>Mumbai Marathon 21 Aug</i>	<a href="http://bit.ly/2inbih6"><u>http://bit.ly/2inbih6</u></a>
<i>Care during Pregnancy</i>	<a href="http://bit.ly/2ynEM9k"><u>http://bit.ly/2ynEM9k</u></a>
<i>Malnutrition</i>	<a href="http://bit.ly/2IE17JG"><u>http://bit.ly/2IE17JG</u></a>
<i>Disability Education project</i>	<a href="http://bit.ly/2hwoJhE2"><u>http://bit.ly/2hwoJhE2</u></a>

## Communications

### *Compliance committees for the year 2016-17*

Committees	Members
Child Protection Committee	Chairperson – Smita Sawant, Secretary- Sara Hasan Dr Ninad Salunkhe and Smita Sawant
Sexual Harassment committee	Chairperson - Dr Aparna Santhanam Dr Ninad Salunkhe and Sangeeta More
Discrimination and Grievance committee	Annabel Mehta, Dr Arun Kumar, Rama Shyam and Sanjay Bamane
Procurement committee	Rama Shyam, Renuka Wagh and Dnyaneshwar Tarwade

During this year, the Sexual Harassment Committee and the Child Protection Committee met twice as per the norms of compliance. There were zero cases registered with the Sexual Harassment Committee and one case registered with the Child Protection Committee. The organization is doing continuous follow up with Majlis and the parents of the child.

### *Media Outreach*

2016-17 has been a year of significant action and developments in terms of the media taking note of our work, our events, and efforts at boosting the Apnalaya brand.



*Duke and Duchess of Cambridge with Apnalaya children on an open-top bus*

There were more than 60 articles in the media carrying Apnalaya's views and work in 2016-17.

- Apnalaya was deeply involved when, in the aftermath of the fires on the Deonar dumping ground in early 2016, the waste segregators were banned from entering the dumping ground, thereby cutting off their livelihood. The story was covered by 14 news publications.
- A short film, 'Mumbai's Dirty Problem', was made by a group called Being Indian on the Deonar dumping ground, featuring our CEO, with voiceover by Dia Mirza (<http://apnalaya.org/video-gallery.php>)
- On the first day of their visit to India in April 2017, the Duke and Duchess of Cambridge, Prince William and his wife Kate, took an open-top bus ride from Azad Maidan back to their hotel with a group of Apnalaya children, which was covered widely worldwide on TV and in the print media
- The release of Apnalaya's Situational Analysis Report in January 2017 and of the 'Disability and Consanguineous Marriages' report in March 2017 were written about in 11 and six dailies respectively
- Apnalaya was involved as an NGO partner in the IDBI Mumbai Marathon on 21<sup>st</sup> August 2016. The event was covered by five newspapers

Four volunteers from the senior staff of the 3M Company, a multinational science based company based in the United States, partnered with Apnalaya to develop a framework for Solid Waste Management for Mumbai. Their comprehensive report, which included integrating the existing communities engaged in waste segregation in Shivaji Nagar into the new plan for handling Mumbai's garbage disposal system, was presented to Mr Ajoy Mehta, Commissioner, MCGM, on 22<sup>nd</sup> April 2016. Rajya Sabha MP, Sachin Tendulkar attended the event and spoke on behalf of the "rag pickers".



*Solid Waste Management Meet with the 3M members, Rajya Sabha MP, Shri Sachin Tendulkar and Municipal Commissioner of Mumbai, Shri Ajoy Mehta*

## Financials

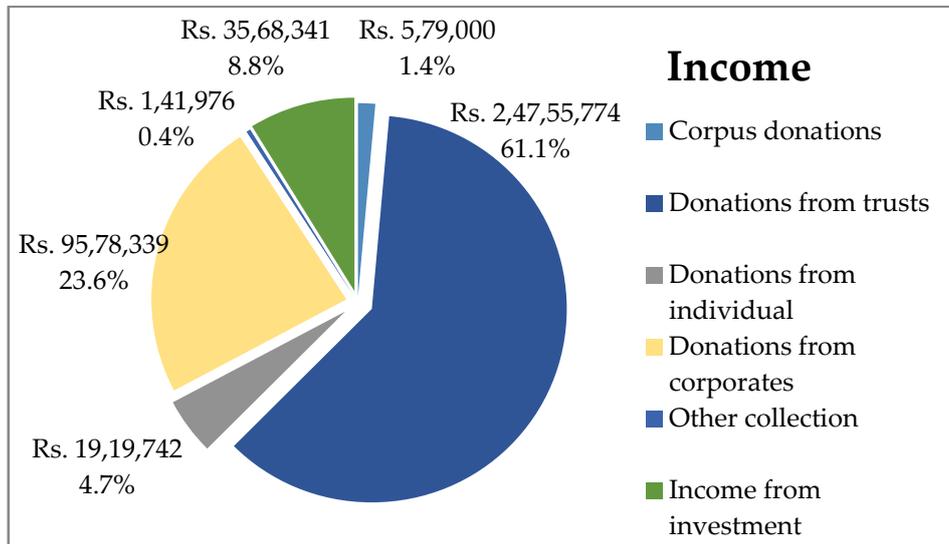


The New Year started on a good note for the Finance department with the renewal of our FCRA certification after a lengthy renewal process. Faced with a plethora of regulations to be complied with, we are proud that Apnalaya was awarded the Gold certification by GuideStar India during 2016-17. The seal is issued after thorough due diligence of an organisation for legal and financial compliances and is certification that the organisation is transparent and holds itself accountable to not just its stakeholders but to the general public (see [guidestarindia.org](http://guidestarindia.org) for more information).

We were also awarded the prestigious Certificate of Compliance by the Centre for Advancement of Philanthropy, after undergoing a rigorous year-long certification process, working with CAP to ascertain compliance in the core areas – Legal, Financial, Human Resources, Board Governance, Communication, Strategy, Fund-raising, and Volunteer Management.

### *Income*

The largest chunk of funds during the year came from Trusts, maintaining the 60%+ share of previous years. The proportion from Corporates doubled last year, boosted by a large donation of Rs.40 lakhs to Apnalaya from the Serum Institute India Pvt Ltd, generated through an event held in January 2017.



While we engaged in new partnerships with SBI Life Insurance Company Ltd. and the Institute of Biomedical Engineering of Oxford University, we also strengthened our collaboration with partners who have supported us for two years and more.

We are deeply grateful for the continuing support received from Save the Children Bal Raksha Bharat, the Australian Consulate General, IDBI Federal Life Insurance, Swiss Air Staff Foundation, EPIC Foundation and HT Parekh Foundation and all those listed below. We thank the students of the Cathedral & John Connon School who helped us raise Rs.3,77,000 for the Corpus fund, and the many individual donors who donated to Apnalaya through Give Foundation and the United Way of Mumbai.

We wish to thank all our supporters, donors and new partners for believing in our work and contributing to strengthening our credibility.

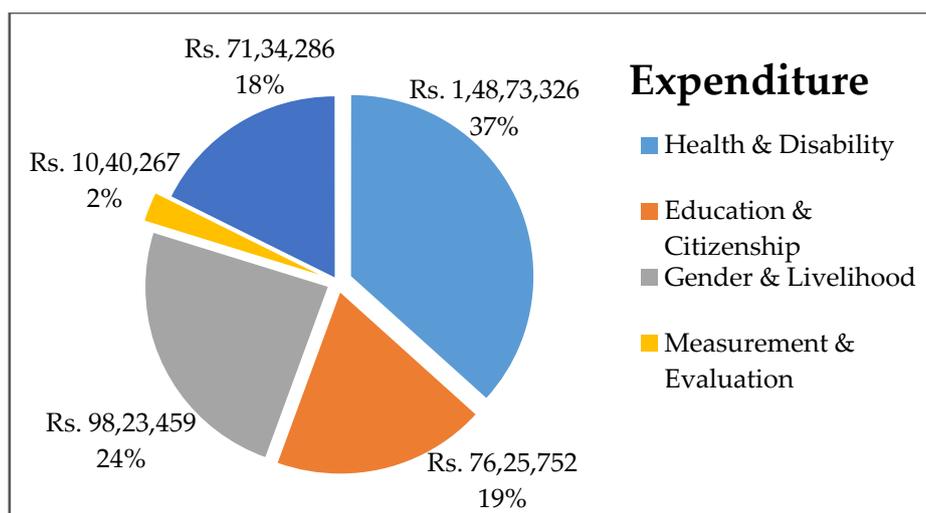
Donations over Rs.1,00,000 received during the year:

Donations to Corpus	Rupees	Donations from Trusts and Foundations	Rupees
Shobha George	1,50,000	Alibhoy Haidarbhoj Chitalwala Ch. Trust	3,00,000
Cathedral & John Connon students	3,77,000	Armman	5,65,900
		Australian Consulate	23,26,510
<b>Donations from Individuals and Corporates</b>		Epic Foundation	9,97,135
		Fight Hunger Foundation	1,31,699
Amit Chandra	10,00,000	H T Parekh Foundation	35,85,000
Federal Express	2,23,205	Hemendra Kothari Foundation	10,00,000
Fedex	1,83,557	Hindustan Lever Education & Welfare Trust	2,00,000
IDBI Federal life Insurance Co Ltd	39,26,568	International Centre for Research on Women	2,47,615
Mme Helena Jansson	2,23,840	Inst of Biomed Engineering, Oxford University	11,80,768
SBI Life Insurance Co Ltd	10,30,414	Kalpataru Trust	5,00,000
Serum Institute of India Pvt Ltd	40,00,000	Nandini Trust	3,00,000
V. Vaidyanathan	1,00,000	Nimmagadda Foundation	5,00,000
Vinay Chaudhary	1,00,000	Save the Children - Bal Raksha Bharat	80,31,943
		Stiftung Kinderhilfe des Swissair Personals	17,50,673
		Through: Give Foundation	28,00,872
		Through: United Way of Mumbai	1,24,659

### *Expenditure*

In the financial year 2016-17 Apnalaya's total expenditure amounted to Rs.4,04,97,091 including all the assets purchased to run the activities. Expenditure increased by 35% over the previous year. Whereas spending on Health and Disability remains much the same, the big increases in spending on Education and Citizenship, and Gender and Livelihood were due largely to the increase in training activities, especially for youth, some of which was residential.

Admin costs were up 6% primarily due to the addition of an HR Manager, the upward revision of salaries in line with the market trend, and the introduction of more skill development training, as well as the inevitable expense incurred in renting office space and upgrading office systems and computers.



In compliance with the norms set by the Credibility Alliance, given below is the distribution of staff based on the remunerations disbursed in 2016-17:

Slab of gross salary (in Rs.) plus benefit paid to staff per month	Male	Female	Total
<5,000	0	0	0
5,001 - 10,000	3	44	47
10,000 - 25,000	9	23	32
25,000 - 50,000	5	7	12
50,000 - 1,00,000	1	2	3
> 1,00,000	1	0	1
Total	19	76	95

The three highest paid members of staff were the CEO and two Programme Heads with gross monthly salaries of Rs.1,81,440, Rs.68,694 and Rs.62,402 respectively, including Provident Fund and allowances. The lowest paid staff was a Support staff member with a monthly gross remuneration of Rs.6,000.

At the end of the year, Apnalaya had a total staff of 85, up from 62 last year. 24 new staff members joined us in 2016-17 and 20 left. The ratio of attrition is at 16.84%, which is low when compared with other organizations. Five staff members received gratuity dues, out of which three members had attained the age of superannuation.

There was expenditure of Rs.1,21,508 towards travel within India. There was nil expenditure towards the international travel reimbursed to staff, volunteers or Executive Committee members during this financial year.

The Executive Committee members for the year were: Annabel Mehta, President; Dr Aparna Santhanam, Secretary; Kamala Aithal, Joint Secretary; Vrunda Mahadevia, Treasurer; Dr Indra Makhijani, Kripa Krishnmoorthy and Manoj Warriar.

Our Auditor: Mr Dilip Muzumdar of Borkar & Muzumdar, 21/168 Anand Nagar OM CHS, Anand Nagar Lane, Vakola, Santacruz (E), Mumbai 400 055. We thank him and his team for their continuing support to us in our long journey.

Apnalaya banks with the Bank of India, Tardeo Road branch, account numbers 004210100009633 for local funds and 004210100016811 for foreign funds.

**Apnalaya**  
Statement of Fund Flow for the year ended March 31, 2017

Particulars	For the year ended on March 31, 2017	For the year ended on March 31, 2016
<b>Sources of Fund</b>		
Donations Received	33,068,673	24,759,936
Corpus Fund	579,000	1,830,862
Received for small Grant Programme	-	-
Received from sale of Fixed Assets	-	-
Other Income	194,108	-
Contribution to Earmarked Funds	3,644,915	9,072,679
Decreased in net assets	-	-
Redemption of Investments	10,534,247	5,000,000
Income on Investments	4,073,230	3,522,235
<b>Total</b>	<b>52,094,173</b>	<b>44,185,712</b>
<b>Application of Fund</b>		
Addition to Fixed Assets	463,852	943,968
Purchase of Investment/Fix Assets	311,908	-
Disbursements from Earmarked Funds	9,072,679	609,275
Employee Benefit Expenses	19,544,541	15,281,289
Other Expenses	17,073,265	13,822,834
Increase in net assets	5,627,927	13,528,346
<b>Total</b>	<b>52,094,173</b>	<b>44,185,712</b>



*Amrabi Ahluwalia*  
President  
APNALAYA

*Spang*  
Secretary  
APNALAYA



The Bombay Public Trusts Act, 1950  
SCHEDULE - VIII  
[ Vide Rule 17 (1) ]  
Name of the Public Trust :- **APNALAYA**  
Balance Sheet As At **MARCH 31, 2017**

Registration No. **F-2830**

FUNDS & LIABILITIES	Rs.	Rs.	PROPERTY AND ASSETS	Rs.	Rs.
<b>Trusts Funds or Corpus</b>			<b>Immovable Properties :- (At Cost)</b>		
From General Public			As per Annexure 'A'		
Balance as per last Balance Sheet	26,579,100		Balance as per last Balance Sheet	9,421	
Additions during the year	579,000	27,158,100	Additions/(Deletion) during the year	471	8,950
			Less : Depreciation up to date	-	-
<b>From TET - ACF</b>			<b>Investments :- As per Annexure 'B'</b>		8,265,544
Balance as per last Balance Sheet	2,045,503		Note : The market value of the above investment is Rs.		
Additions during the year (Income from Invst reinvested)	-	2,045,503	<b>Movable Properties :- As per Annexure 'C'</b>		
<b>From CRY</b>			Balance as per last Balance Sheet	1,707,780	
Balance as per last Balance Sheet	-	1,000,000	Less : Deletion during the year	463,852	
<b>From Tom Holland</b>			Additions during the year	463,852	
Balance as per last Balance Sheet	-	1,000,000	Less : Depreciation up to date	387,811	1,783,821
<b>Other Earmarked Funds :-</b>			<b>Loans (Secured or Unsecured) :</b>		
(Created under the provision of the trust deed or scheme or out of the Income)			<b>Good/doubtful</b>		
Depreciation Fund	-	-	Loans Scholarships	-	
Sinking Fund	-	-	Other Loans	-	
Reserve Fund	-	-	<b>Advances :-</b>		
Any other Fund :-			To Trustees		
<b>As per Annexure 'F'</b>		3,644,915	To TDS upto F.Y. 2011-12	353,451	
<b>Loans (Secured or Unsecured) :-</b>			To TDS F.Y. 2012-2013	43,800	
From Trustees	-	-	To TDS F.Y. 2013-2014	-	
Form Others	-	-	To TDS receivable F.Y. 2015-2016	327,785	
<b>Liabilities :-</b>			To TDS F.Y. 2016-2017	388,852	
For FF Payable	874,535		To FD Interest receivable	473,891	
For Advances(Against Property)	-		To Advance to Supplier	4,364	
For TDS Payable	4,364		To LIC OF INDIA - Grubity Fund	1,266,079	
For Sundry Creditors Balances	-	878,899	To Prepaid Rent	865,550	
<b>Income and Expenditure Account :-</b>			<b>To Others (As per Annexure 'D')</b>		4,062,469
Balance as per last Balance Sheet	23,929,453		<b>Income Outstanding :-</b>		
Add : Prior Period Adjustments	638,544		Rent	-	
Add : Surplus as per Income and	8,992,264	33,560,261	Interest	-	
	9,630,807		Other Income	-	
<b>Total</b>		<b>69,287,677</b>	<b>Cash and Bank Balances (As per Annexure 'E')</b>		
			(a) In Hand	21,328	
			(b) In Savings Account	7,065,282	
			(c) In Fixed Deposit Account	48,080,303	
			(d) With the Trustee	-	
			(e) With the manager	-	55,166,892
			Balance as per Balance Sheet		
			Less : Appropriation, if any		
			Add : Deficit as per Income and		
			Less : Surplus Expenditure Account		
			<b>Total</b>		<b>69,287,677</b>

For and on behalf of  
Borkar & Muzumdar  
Chartered Accountants  
*Spang*  
Mr. Rajesh G. Gadhani  
Partner  
M.No.035941  
Dated : 28/09/2017



TRUSTEE

*Spang*  
Secretary  
APNALAYA

*Amrabi Ahluwalia*  
President  
APNALAYA



Name of the Public Trust :- **APNALAYA**  
Income and Expenditure Account for the year ending **March 31, 2017**

Registration No. **F-2830**

EXPENDITURE	Rs.		INCOME	
	Rs.	Rs.	Rs.	Rs.
To Expenditure in respect of properties :- Rates, Taxes, Cesses Repairs and maintenance Salaries Insurance Depreciation (by way of provision of adjustments) Other Expenses	-	-	By Rent (accrued) (realised)	-
To Establishment Expenses : Rent	-	-	By Interest (accrued) (realised)	-
To Remuneration to Trustees	-	-	On Securities (Investments)	3,811,287
To Remuneration (in the case of a math) to the head of the math including his household expenditure, if any	-	-	On Loans	-
To Legal Expenses	-	-	On Bank Account	261,943
To Audit Fees	-	-	By Dividend	-
To Contribution and Fees	-	-	By Donations in Cash or Kind : Trust	27,181,961
To Amount written off : (a) Bad Debts (b) Loan Scholarship (c) Irrecoverable Rents (d) Other Items	-	-	Other	14,499,658
To Miscellaneous Expenses :	-	-	By Grants From: Mumbai District TB Control Society Central Social Welfare Board Integrated Child Development Society Balkamagar Punarvan Prakatip Sanshodhan Mandal	-
To Bank Charges	-	29,470	By Income from other sources (in detail as far as possible)	-
To Depreciation	-	388,282	Subscription from members	210
To Amount transferred to Reserve or Specific Funds	-	-	Medical Collection	44,210
To Expenditure on Objects of the Trust (a) Religious (b) Educational (As per Annexure "G") (c) Medical Relief (As per Annexure "H") (d) Community Development (As per Annexure "I") (e) Relief of Poverty (f) Other Charitable Objects	-	-	Educational collection	30,870
To General Corpus	-	-	Other Income	66,896
To Surplus carried over to Balance Sheet	-	8,992,264	Interest on TDS Refund	51,922
	-	-	Sundry Balance Write Off	9,180
	-	-	Gratuity Income	69,686
	-	-		272,974
<b>Total Rs.....</b>		<b>46,027,823</b>	<b>Total Rs.....</b>	<b>46,027,823</b>

For and on behalf of  
Borkar & Muzumdar  
Chartered Accountants

Mr. Rajesh C. Batham  
Partner  
M.No.035941  
Dated :28/09/2017



Trustee  
*Annapurna*  
Secretary  
APNALAYA

President:  
*Annapurna*  
APNALAYA



## Our Partners





## CEO

Dr Arun Kumar

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## Programme Heads

Health & Disability

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Livelihood

Sangeeta More

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[sangeeta@apnalaya.org](mailto:sangeeta@apnalaya.org)

### *Apnalaya is registered under:*

The Societies Registration Act 1860 No.75/73 G.B.B.S.D dated 28/2/1973

The Bombay Public Trust Act 1950 No.F-2830 dated 18/4/1973

Section 80-G of the Income Tax Act – No. DIT(E) MC/80-G/1869/2008/2008-09

The Foreign Contributions Regulation Act – No.083780332 dated 14/1/1986

*We thank Mr Anil Padhye and Mr Arun Sohoni at Vyasa Arts for printing this Annual Report*

Deonar Fire: As BMC cracks down on them, ragpickers face loss of livelihood

*Arita Sarkar*



Mumbai-based Saleha Khan won the Savitrabai Phule award for promoting girl child education in her community

*Anagha Sawant*

This Young Woman Helps 300 Children Survive In One Of Mumbai's Deadliest Places To Live



Why Malnutrition Grows In Rising, Urban India

*According to UNICEF, around 1 million children under the age of five die of malnutrition related causes in India.*

Game Changers: Empowering Women Through Sport



Mumbai: M-east ward is riddled with unemployment, child marriage.

*Sweety Adimulum*

Forgotten by BMC? Ward with highest slum population struggles for basics

*Priyanka Kakodkar*



Residents of Mumbai's poorest slums know polls won't change a thing for them – but they vote in hope

*Smruti Kopikar*

“A survey conducted by NGO Apnalaya in Shivaji Nagar has pointed out that even though there is a worrying infant mortality rate of 55 (per 1,000 live births), there are currently no maternity hospitals in M East Ward and that people have to depend on just one dispensary and four health posts. “

24th January, 2017

*Indian Express*

**INDIAN EXPRESS**

**AREA**  
33.08 sq km

**RAILWAY STATIONS:** Govandi, Mankhurd

BEST bus depots	3
Municipal hospitals	1
Municipal dispensaries	4
Municipal health posts	9
Municipal cemeteries	2
Major roads	32
Minor roads	183
Major nullahs	13
Minor nullahs	48
Roadside drains	120 km
Daily garbage generation	322 MT
Daily silt and debris generation	54 MT

**M EAST WARD**

**WISHLIST**

“The state government cannot abdicate its responsibility of facilitating the basic amenities for its people. While other civic amenities are important, the BMC should first solve the water problem, which would have a telling impact on the people. A running supply of clean water would reduce the cases of diseases like diarrhoea. The civic body should then also provide hospitals and secondary schools for the people”

**ARUN KUMAR**, CEO, APNALAYA, AN NGO WORKING WITH THE PEOPLE OF SHIVAJI NAGAR